

LOUISIANA HOSA-FUTURE HEALTH PROFESSIONALS



PRESIDENT'S PULSE

Hello, Louisiana HOSA!

I am beyond excited to jump into this new year with all of you! My team and I have been hard at work preparing a fun-filled but impactful year, and you will love meeting this extraordinary group of leaders as we share everything we have planned.

In June I attended the 49th International Leadership Conference with state officers Jean & Sahil, and had the opportunity to meet state officers & members from across the world. It was an honor to represent LA HOSA at this conference, and bring back innovative ideas and new activities to share.

The new 2026–2027 HOSA theme is "Redefine the Standard," and we plan to do exactly that! For LA HOSA it means growing our membership to new heights and increasing conference attendance to levels never seen before in our state's history. More importantly, it means creating opportunities for every member to grow as a leader, serve their community, and prepare for a future in healthcare.

I cannot wait to see the new standards we set together this year!

CONGRATULATIONS TO ARSHAYLA BERRY AND SAHIL THORAT!



Arshayla Berry from Dolores T. Aaron Academy placed 2nd in the middle school division of Prepared Speaking at this year's International Leadership Conference!



Congratulations to our Region 1 Vice President Sahil Thorat for placing 11th in Medical Spelling at this year's International Leadership Conference!



I FOUND THIS HUMERUS

Why did the nurse bring a red pen to work?
In case she needed to draw blood!



CAREER SPOTLIGHT: CARDIAC SONOGRAPHER

A cardiac sonographer, also known as an echocardiographer, is a healthcare professional who uses ultrasound technology to create images of the heart. These images help physicians diagnose and monitor heart conditions. Cardiac sonographers play an important role in cardiovascular care by providing detailed imaging that supports accurate diagnosis and treatment planning.



CHAPTER SPOTLIGHT: SLIDELL HIGH SCHOOL

Slidell High School in Slidell, Louisiana is home to a very active HOSA chapter! Slidell HOSA (#22177) is led by Brittany Bankston (Advisor), along with officers Chase Brown (President), Elizabeth Avery (Vice President), Aurora Harbiston (President-Elect), Carly Simon (Secretary), Jaley Foster (Historian), and Sammy Brito (Freshman Ambassador). For the upcoming year, their planned events include an annual wheelchair racing tournament and making PSA videos for the Red Ribbon Week Competition. Slidell HOSA is excited to meet and connect with new members and plan events to keep them engaged. Their officer team is excited for the State Leadership Conference and making connections with others! On behalf of Louisiana HOSA, keep up the great work, Slidell HOSA! We can't wait to see all what you'll do this year!

RECAP OF THE SUMMER

June and July have been a great start to the new school year with many exciting opportunities for Louisiana HOSA! The State Officers of Team 19 gathered at their training retreat where they learned, collaborated, and planned for the 2026-2027 year. Louisiana HOSA was proudly represented at the HOSA International Leadership Conference (ILC) by our outstanding members, who had opportunities to compete, attend workshops, and connect with HOSA members from around the world. We're excited to see what's ahead!

HEART FOR HOSA

On October 1st, our state officer, Aviana Williams, will host an online panel on cancer health in modern society. We'll send more details as we get closer to the event; stay tuned!

RARE FINDS

Dr. Jeffrey Janus is an innovator in orthopedic surgery. Originally from Florida, he uses 3D printing to perform new bone transfers. By creating custom guides for bone transfers, Janus perfectly embodies HOSA's core value of innovation: he helped expand technology in the field of healthcare. More information about Dr. Janus' innovation can be found here: <https://www.mayoclinic.org/about-mayo-clinic/medical-innovation/janus-3d-surgery-tool>



UPCOMING EVENTS

Register your chapter and your members! Registration open NOW!

Wahington Leadership Academy:
September 19th – 22nd

Fall Forum Region 2: October 9th

Fall Forum Region 3: October 15th

Fall Forum Region 1: October 21st

WHAT THE HEALTH!

This month's "What the Health?" is all about movement, the simple kind that fits into real life. Even just 10 minutes of walking, stretching, or light strength work can boost your mood, sharpen your focus, and improve your overall health. Fitness doesn't have to be intense or complicated; small, consistent habits make the biggest impact. Try adding a little movement between classes, study sessions, or daily tasks, and watch how much stronger and more energized you feel. Move a little, live a little, and enjoy life!

HOSA CUP

Please don't forget that you were able to start earning points for your HOSA chapter over the summer for the HOSA Cup. The deadline is March 12, 2027, so get ahead while you still have time!

CONNECT WITH US!



@louisiana_hosa6



@louisianahosa



This year's theme for 2026-2027 is, "Redefine the Standard!"

As you start this school year remember that the standard for this year is what you make it, so let's raise the standard and make this year unforgettable.

